



# Presents: "Snowplow Sam"

## Skating Lessons for Preschool Age Skaters (ages 3-5)



"Snowplow Sam" group lessons are designed to help the preschool age skater develop the preliminary coordination and strength necessary to maneuver on the ice. Snowplow Sam will allow preschool children to become comfortable on the ice. Our program offers:

- Small student to coach ratio
- 30 minute lesson only
- **Helmets strongly recommended!**
- Top quality coaches!



Skater Name: \_\_\_\_\_ Sex: M F Date of Birth: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Parent/Guardian Name's: \_\_\_\_\_  
 E-Mail Address: \_\_\_\_\_ Phone # \_\_\_\_\_ Cell # \_\_\_\_\_

**PRESCHOOL AGE SKATER: Beginner Skater: Yes: \_\_\_ No: \_\_\_ Level: \_\_\_\_\_**

FALL 2009	WINTER 2010	Fall & Winter	Program Attending
9/27 to 12/20/2009 <i>(No skating 10/25, 11/8, 12/13)</i>	1/3 to 2/28/2010 <i>(No skating 1/24/2010)</i>	9/27/2009 to 2/28/2010	
10 weeks: \$120.00	8 weeks: \$96.00	18 weeks: \$215.00	Total Due:

Please complete form, detach & mail with full payment to:  
 Janet Sotola  
 32 Indian Ladder Dr.  
 Altamont, NY 12009  
**Checks payable to: Albany FSC**  
**Visit: [www.albanyfsc.org](http://www.albanyfsc.org)**

**\*\*There are no make-ups & no refunds without a medical excuse**

### WAIVER OF LIABILITY

In consideration of \_\_\_\_\_ participating in the **Albany Figure Skating Club** Basic Skills Program I hereby covenant and agree with the Albany Figure Skating Club, the Albany Academy, the owners, officers, agents, employees, volunteers and all persons engaged as instructors or administrators in any programs in which I/he/she may be a participant, to indemnify and hold harmless each and every one of them from and against all claims, liability, loss cost, damages, and expenses which may arise out of or in connection with the use by me/him/her of such facilities. Including without limitations, all claims I/he/she might have for personal injury or property damage to him/her or so arising.

I understand that skating is a participation sport and I am fully aware of the risk of serious bodily injury and hazards in or arising from my use or presence upon the facilities. I fully accept all such risks and assume responsibility for losses, costs and damages I and/or my minor child incur as a result of participation in the activity.

I understand that I must carry and maintain my own personal medical insurance throughout the time of participation. I also give consent to receive first aid and emergency transport to the nearest medical facility.

I acknowledge I have read this release & waiver of liability, assumption of risk and indemnity and fully understand it.

Signature of Participant/ Parent or Guardian (if under 18) \_\_\_\_\_

Date: \_\_\_\_\_