



Albany

INK FROM THE RINK

Figure Skating Club

SEPTEMBER 2009

CONGRATULATIONS!

The 29th Annual Cranberry Open, August 19-22:

Desiree Larrivee:

- Pre-Preliminary B Free Skate: 1st Place

Mid-Atlantic Championships, Chelsea Piers, NY, September 10-13:

Trisha Roohan:

- Pre-Juvenile Freestyle: 3rd Place

Helen Serafini:

- Intermediate Ladies Short Program: 5th Place
- Intermediate Ladies Long Program: 5th Place

Olivia Serafini:

- Intermediate Ladies Short Program: 3rd Place
- Intermediate Ladies Long Program: 3rd Place
- Intermediate Ladies Final: 5th Place

Uncle Sam FSC Test Session September 26:

Jennifer Glen:

- Intermediate Moves in the Field

Natalie Posner:

- Pre-Preliminary Free Skate

Rachael Posner:

- Pre-Preliminary Free Skate

Desiree Larrivee:

- Preliminary Free Skate



SYNCHRO NEWS

Introducing the Achilles Edge Synchronized Skating Teams for the 2009 – 2010 season:

Pre-Juvenile level: Catherine Amodeo, Grace DiRisio, Julianna Drozd, Rachael Gray, Emma Kimble, Jessica Marinstein, Izabella Martin, Danielle Sgroi, Colleen Sommerville, Lea Sposito, and Samantha Zayas.

Intermediate level: Emma Briceland, Quinn Desiderio, Aislyn DiRisio, Alyssa Hopsicker, Katie Howard, Taylor Kennedy, Christina Lombardi, Isabelle Lombardi, Stephanie Lombardi, Maddy Olberg, Amie Skoda, Lukas Sotola, and Adi White.

Coaches: Liz Commerford, Stephanie Hunter, and Wayne Hussey.

The team will kick off its competitive season on November 14th with the Thanksgiving Classic competition in Plymouth, Massachusetts. The Empire State Games, a skater favorite, has been added to the Intermediate level schedule in February.

Synchro Garage Sale

The Achilles Edge Synchronized Skating Team held a very successful Garage Sale Fundraiser on Saturday Sept 12, 2009, raising nearly \$600 for our synchronized skating program. A big thank you goes out to the Lombardi family for organizing and hosting the sale, and to all the families who donated items and helped at the sale. We couldn't have done it without you!

Bowling Party

Synchro skaters enjoyed a season-opening bowling party at Del Lanes in Delmar on September 27th. After having pizza and snacks, skaters had a great time on the lanes, demonstrating that we not only have a bunch of talented skaters, but we also have some great bowlers on our team! Thank you to Tara DiRisio for organizing this fun event.

Flapjack Breakfast

The Achilles Edge Synchro Team will again be holding Flapjack Breakfast fundraiser at the Applebee's Restaurant in Glenmont on Saturday, November 7th from 8:00 am to 10:00 am. The breakfast features all-you-can-eat pancakes, bacon, juice and coffee, all served by our friendly synchro team members. Tickets are only \$5 each, and proceeds benefit the synchro program. To purchase tickets, see any synchro team member or contact event coordinator Debbie Sgroi at Dntsgroi@aol.com. Tickets must be purchased in advance, and the final sale date is Thursday, October 29th.

Corporate Sponsors

Achilles Edge would like to thank our new corporate sponsors for the 2009 – 2010 season:

- Thomas H. Abele, DMD, Delmar Dental Medicine
- Drs. Decker, Sbuttoni, Boghosian & DiCerbo, Orthodontics
- Crisafulli Bros. Plumbing & Heating Contractors, Inc.

We encourage our fellow AFSC members to patronize our sponsors.

For more information about our successful synchro program, please contact team manager Dawn Hopsicker at jhopsick@nycap.rr.com or assistant manager Tara DiRisio at tdirisio@verizon.net.



BASIC SKILLS 2009-10

This is our biggest Fall Basic Skills Program since we started offering it 4 years ago. We have skaters of all ages and all levels including preschool skaters who are just learning how to stand on the ice in skates to skaters who are learning beginner freestyle skills. The skaters really enjoyed themselves last week at our first session. But, it would not have run so smoothly without all the help we got from our coaches & volunteers!

We welcome 2 new Coaches to our program:

- Stephanie Hunter
- Sarah Discanio

And for the first time 3 Albany Figure Skating Club members have joined us as

Apprentice Coaches:

- Christina Lombardi
- Adi White
- Sarah Rubin

We also welcome back returning Coaches:

- Donna Wojtowicz: Skating Director
- Nikki Coleman
- Alex Sotola
- Chelsey Hammond (who also just passed her Novice Moves in the Field - CONGRATULATIONS!!)
- Bobbi Hammond

We can not forget our skater volunteers!

- Ellen Harris

- Ray Demarco
- Bill Miller
- Aislyn DiRisio
- Ellory Smith
- Lukas Sotola

For information about our Basic Skills/Learn to Skate program contact Janet Sotola jsotola@nycap.rr.com or 518-861-6705.



Happy Birthday!

- Rachael Posner: September 3
- Emma Kimble: September 8
- Trisha Roohan: September 8
- Amie Skoda: September 18
- Hannah Keehan: September 22
- Alyssa Hopsicker: September 23
- Grace DiRisio: September 30

**2009 STARTS, STRIPES,
AND SKATES
ICEEXTRAVAGANZA!!**

Abigail and Amanda Smentkowski, as well as Emily and Lily Digman participated in the 2009 Starts, Stripes, and Skates IceExtravaganza in Danbury CT to benefit the Heritage Foundation of 9/11. They performed in the closing event with about 120 other skaters. The event featured US National Champion Johnny Weir, World Champion Miki Ando, Japanese National Champion Nobunari Oda, as well as others



**CONGRATULATIONS NIKKI
& JOE: PRESENTING
VANESSA KARLA COLEMAN**

**September 4 @ 3:16 AM
6 lb 9 oz**



**WHO CAN NAME ALL THESE
SKATERS??**



**IMPORTANT DATES TO
REMEMBER:**

1. **October 24:** AFSC Test Session @ the Clifton Park Arena
2. **October 24:** 3rd Annual Albany FSC Competition!

3. **November 7, 8:00-10:00:** The Achilles Edge Synchro Team Flapjack Breakfast fundraiser @ Applebee's!
4. **December 20 4:00-7:00:** Albany Figure Skating Club's Winter Ice Show @ the Bethlehem Area YMCA rink.

ITEMS OF INTEREST:

1. **SKATE AMERICA 2009:** The international figure skating event is one of six stops on the ISU Grand Prix of Figure Skating Series. This year's competition will take place Nov. 12-15, at the 1980 rink in Lake Placid, NY. Ticket information is available @ <http://www.skateamerica2009.com/>.
2. The **USFS 2010 Rulebook** and Tests Book are now available on the U.S. Figure Skating web site at www.figureskating.org. Click on the RULEBOOK link found at the top of the page to the right of the logo.
3. **AFSC Competition Skate-O-Gram:** If you want to wish your skater good luck but did not receive the email with the attached form contact Janet at jsotola@nycap.rr.com and she will email it to you.

**UPCOMING USFS TEST
SESSIONS:**

1. **October 24:** Offered by Albany FSC at the Clifton Park Arena.
2. **November 22:** Offered by the Saratoga Springs Figure Skating Club (SSFSC), Saratoga Springs, NY.
3. **January 24, 2010:** Offered by SSFSC
4. **March 28, 2010:** Offered by SSFSC

**UPCOMING COMPETITIONS
FOR THE SEASON:**

USFS COMPETITIONS:

1. **October 16:** 2010 North Atlantic Regional Championships, Hackensack, NJ www.aafsc.org.
2. **October 24 & 25:** 3rd Annual Albany FSC Basic Skills & Open Competition, Clifton Park Arena, Clifton Park, NY www.albnayfsc.org.
3. **November 14:** Lake Placid Basic Skills Competition – held in conjunction with Skate America!
4. **November 21:** Pioneer Valley Penguin Invitational Basic Skills Competition, hosted by Little Sun Valley FSC,

ALBANY FIGURE SKATING CLUB NEWSLETTER

Springfield, MA, for information email:
lsvsk8@aol.com.

96 MEMBERS!

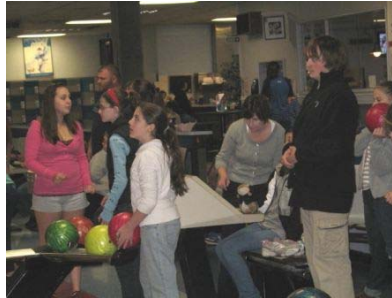
WELCOME NEW MEMBERS!

- Aubrie Roszell
- Juliana Drozd
- Natalie Posner
- Rachael Posner
- Amie Skoda

Questions? Contact New Membership Chair
Paulette Morgan @ pmorgan3@nycap.rr.com



PHOTOS FROM THE SYNCHRONIZED
SKATING TEAM BOWLING PARTY



GARAGE SALE PHOTOS

