



INK FROM THE RINK

JANUARY 2007

CONGRATULATIONS!

Riverdale ISI Lake Placid
Competition, January 12-14

**Team Standings: 7 Place overall in
total points!**

Samantha Carach:

- Solo Compulsory FS 3: 1st Place
- Freestyle 3: : 1st Place

Victoria Carach:

- Solo Compulsory FS 4
- Artistic FS 4: 3rd Place

Shea Coleman-Foley:

- Spotlight FS 1: 2nd Place
- Artistic FS 1: 3rd Place
- Freestyle 1: 1st Place

Hannah Conroy:

- Artistic FS 4: 2nd Place
- Interpretive FS 4: 4th
- Footwork 4

Laura Cox:

- Artistic FS 4: 3rd Place
- Footwork 4: 4th Place

Lindsey DeBerry:

- Freestyle 4: 2nd Place
- Artistic FS 4: 1st Place

Quinn Desiderio:

- Freestyle 5
- Artistic FS 5: 4th

Gina DiNapoli:

- Artistic FS 6: 2nd Place
- Interpretive FS 6:: 4th Place

Aislyn DiRisio:

- Artistic FS 5: 4th Place

Soojee Eckardt-Riberg:

- Freestyle 1: 3rd Place

Shelby Fichter:

- Alpha: 4th Place

Katie Howard:

- Artistic FS 5
- Interpretive FS 5: 4th Place

Micaela Jones:

- Freestyle 4: 3rd Place
- Artistic FS 4: 2nd Place

Taylor Kennedy:

- Artistic FS 5
- Interpretive FS 5: 2nd Place
- Footwork 5

Carley McLean:

- Interpretive FS 4: 3rd Place
- Freestyle 4: 1st Place

Madeline Olberg:

- Artistic FS 4: 1st Place
- Freestyle 4: 1st Place
- Solo Compulsory FS 4: 1st Place

Alexandra Richer:

- Delta: 3rd Place

Trisha Roohan:

- Delta: 2nd Place

Danielle Sgroi:

- Freestyle 1: 1st Place
- Solo Compulsory FS 1: 3rd Place

Ellory Smith:

- Interpretive FS 1: 5th Place
- Freestyle 1: 2nd Place

Lukas Sotola:

- Freestyle 4: 2nd Place
- Solo ChaCha Dance: 3rd Place

Rachel Staudt:

- Freestyle 3: 4th Place
- Artistic FS 3: 1st Place
- Interpretive FS 3: 2nd Place

Kacie Weatherhead:

- Freestyle 3: 1st Place
- Solo Compulsory FS 3: 1st Place
- Artistic FS 3: 3rd Place

Adrienne White:

- Interpretive FS 5: 1st Place
- Artistic FS 5: 3rd

Samantha Zayas:

- Solo Compulsory FS 2: 5th Place
- Stroking FS 2: 3rd Place
- Freestyle 2: 3rd Place
- Interpretive FS 2: 3rd Place

24th Annual Garren Invitational,
January 27th

Shea Coleman Foley:

- Pre-Preliminary B: 3rd Place
- Pre-Pre Compulsories: 1st Place

Olivia Serafini:

- Pre-Juvenile: 2nd Place
- Juvenile Compulsories: 1st Place

Samantha Zayas:

- Basic 7/8 Compulsories: 2nd Place

Katelyn Masullo:

- Pre-Preliminary A: 1st Place

Isabelle Lombardi:

- Pre-Preliminary A: 3rd Place

Stephanie Lombardi:

- Preliminary B: 1st Place

Gina DiNapoli:

- Preliminary B: 3rd Place
- Pre-Juvenile Compulsory: 1st Place

Amanda Gemmitti:

- Preliminary B: 4th Place

Christina Lombardi:

- Open Juvenile: 1st Place

Chelsea Rowlands:

- Open Juvenile: 3rd Place

Carley McLean:

- Pre-Preliminary A: 1st Place

Morgan Gillies:

- Pre-Preliminary A: 3rd Place

Micaela Jones:

- Pre-Preliminary B: 2nd Place

Alyssa Hopsicker:

- Preliminary A: 4th Place

Hannah Conroy:

- Pre-Preliminary B: 2nd Place

Katie Howard:

- Preliminary A: 1st Place
- Preliminary Compulsories: 4th Place

Helen Serafini:

- Pre-Juvenile: 1st Place
- Juvenile Compulsories: 2nd Place

Meagan Clawar:

- Basic 7/8: 2nd Place



ACHILLES EDGE NEWS!

Lake Placid Synchro Competition
January 6, Lake Placid, NY

The Open Juvenile team competed for the first time this season on January 6th at the Lake Placid Synchronized Skating Classic Competition. They stayed in Saranac Lake at the hopping Best Western and shared the pool with skaters from Virginia! Their competitors came from all over the country including Potsdam, Rochester, Utica, Pittsfield, MA, Wilmington DE, Monmouth, NJ and Stamford, CT. Our team skated very well; with speed, smiles & confidence and received 6th Place out of 8 tough teams! The judges provided Liz & Rocky with a critique of the program, pointing out things to work on and things that were terrific (the opening element, the music, dresses, etc.). The coaches and parents were very proud of the teams' accomplishments and celebrated with the skaters at Mr. Mike's in Lake Placid. Great job girls!

The Open Juvenile team will go to CT on February 11 to skate against 10 other teams. Wish them luck!

Questions? Please contact Dawn Hopsicker,
Team Manager @ jhopsick@nycap.rr.com.



OLIVIA SERAFINI SKATES AT THE 2007 SPITZER INAUGURATION!

Olivia Serafini was among a group of privileged skaters to be invited to perform at the 2007 Spitzer Inauguration on New Years Day at the Empire State Plaza in Albany. Olivia and Michaellee Scarincio represented the Albany area and each skated solo performances. Other performers included Ice Theatre of NY's Jessica Huot & Juha Valkama, Ice Dance Champion from Finland, Katrina Hakcer, a 16-year old Ice Theatre apprentice, 2007 USFS North Atlantic Divisional Champion, and the Skyliners Synchronized Skating Team.

It was a wonderful show, which not only showcased Albany's impressive architectural backdrop and the plaza rink, but also highlighted the talent New York state has to offer in the world of skating!

Congratulations Olivia!



GOOD LUCK AT EMPIRE STATE GAMES!

Christina Lombardi
Stephanie Lombardi
Gina DiNapoli



Happy Birthday!

Albany Figure Skating Club Members!
Desiree Larrivee: January 18
Lauren Mahoney: January 29
Klarrisa Ricks: January 20



BASIC SKILLS CORNER!

Our second session of Basic Skills has started and we have more skaters than ever! We have a total of 81 skaters, 36 skaters renewed and 45 new skaters signed up!

We have added a new coach to our program, Alex Sotola, to teach our young skaters who are interested in playing hockey. USFS has a Hockey Curriculum as part of their program and we have added this to our regular program! We are presently the only USFS Basic Skills program in our area to offer this! Welcome Alex!

We also welcome the return of our skater volunteers Sarah Rubin and Quinn Desiderio, and our new volunteers Sonya Soanes & Jessica Marinstein. Our parent helper, Renee Fichter, has also returned and along with Margaret Smith makes sure everything runs smoothly off the ice.

We are already working on plans for adding Basic Skills to our usual summer "Advant-Edge" Program to be held at the Albany County Hockey Facility - dates & times are yet to be determined. We will keep you posted, so check back next month for more information!

If you have any questions concerning our Basic Skills Program please contact Janet Sotola @ jsotola@nycap.rr.com or check our website: www.albanyfsc.org.



QUESTION OF THE MONTH:

Thank you Coach Rocky Irish for this suggestion. This is taken (and slightly modified) from the USFS booklet "The Skating Parents' Survival Guide" volume 2:

How can I best support my child in skating?

Ten Commandments for skating parents:

- 1. Don't impose your ambition on your child.
2. Be supportive no matter what...remember skating should be fun.
3. Let the coach coach.
4. Make positive comments...or none at all.
5. Acknowledge your child's fears.
6. Don't criticize the officials.
7. Honor the bond between your child and their coach.
8. Be loyal and supportive to your child's skating club and/or team.
9. Help set realistic goals; stressing personal bests versus winning.
10. Supportive parents accept their child's abilities and limitations.



IMPORTANT DATES TO REMEMBER:

- 1. March 8, 2007 7:00: "Stars on Ice" @ the Pepsi Arena. Notify Debbie Sgroi @ dntsgroi@aol.com by February 15 if you would like to attend. Tickets are \$18.00 each.
2. April 9-13, 2007: Spring Clinic Week @ YMCA. Congratulations to Nikki Schallehn Coleman our new Clinic Skating Director!
3. April 15, 2007 5:30-7:30: AFSC Spring Spectacular Ice Show @ YMCA. Thank you Dorothy Roohan & Becky Gray for agreeing to co-coordinate!
4. April 27, 2007: AFSC Annual Awards Banquet @ the Albany Country Club.
5. May 28, 2007: March with AFSC in the Bethlehem Memorial Day Parade!
6. July 19-13, 2007: Summer Clinic Week I @ the Albany County Hockey Facility.
7. July 30-August 3, 2007: Summer Clinic Week 2 @ the Albany County Hockey Facility.

ITEMS OF INTEREST:

1. **"Artistry in Motion Performance School for Figure Skaters"** offered by Paula Wagener Wednesday, February 21 & 22, 7:45 AM to 4:00 PM at Union College, Schenectady, NY. Brochures & registration forms are now available and will be in the session supervisor binders at both the YMCA & AA rinks. For further questions contact Paula Wagener @ 928-6320.
2. **Skaters Market Place:** Karla Schallehn has started a new business selling new & used figure skating items such as used skates & dresses, soakers & guards. Karla's business email is skatersmarketplace@yahoo.com.
3. www.IceNetwork.com: Supported by USFS by subscription only. Allows unlimited access to USFS qualifying events all for a season subscription fee of \$29.95.

VOLUNTEERS NEEDED

Upcoming Events Needing Volunteers:

1. **AFSC Competition Chair Needed!** Planned for fall 2007 or early winter 2008. Contact Laurie Lombardi @ bricelal@acp.edu ASAP. Contact Laurie Lombardi @ bricelal@acp.edu ASAP.



SKATING ON TV:

- **February 4 12:30-2:30 on ABC:** US Nationals Event Recap
- **February 4 1:00-3:00 on ESPN Classic:** Repeat of 2004 Nationals
- **February 4 3:00-5:00 on ESPN Classic:** Repeat of 2005 Nationals
- **February 4 5:00-8:00 on ESPN:** Europeans
- **February 4 5:00-6:00 on ESPN Classic:** Repeat of 2006 Nationals
- **February 4 5:00-7:00 on Style:** Repeat of Fashion on Ice
- **February 4 6:00-8:00 on ESPN Classic:** Repeat of Cup of Russia
- **February 4 8:00-10:00 on ESPN:** Repeat of Nationals Ladies Long
- **February 9 4:00-6:00 on Style:** Repeat of Fashion on Ice

- **February 12 4:00-6:00 on Style:** Repeat of Brian Boitano Skating Spectacular
- **February 18 10:00-12:00 on Style:** Repeat of Brian Boitano Skating Spectacular
- **February 18 4:00-7:00 on ABC:** Nationals Exhibition
- **February 18 4:00-7:00 on ESPN:** Four Continents Championship
- **February 22 5:00-7:00 on Style:** Michael Bolton Tribute on Ice
- **February 25 10:00-12:00 on Style:** Repeat of Michael Bolton Tribute on Ice

UPCOMING USFS TESTS:

See our website: www.albanyfsc.org for more information and links to websites.

1. **Sunday February 4:** @ YMCA in Delmar, NY given by Albany FSC.
2. **Saturday March 31:** @ Saratoga Springs, Weibel Rink given by SSFSC.
3. **Wednesday, April 18:** @ Darien Ice Rink, Darien, CT.

UPCOMING COMPETITIONS FOR THE 2005-2006 SEASON:

See our website: www.albanyfsc.org for more information and links to websites.

USFS COMPETITIONS:

1. **February 3 & 4, 2007:** Chautaugua Winter Games, Jamestown, NY. Applications available www.chautauguauice.com.
2. **Pittsfield FSC Basic Skills Competition March 4, 2007:** With competition available for skaters from Snowplow Sam to Freeskate 6, in Pittsfield, MA.
3. **2007 Darien Open April 19-22:** A Future Champion Series, events for beginners through adults, Darien, CT. www.skatecsc.com
- 4.

ISI COMPETITIONS:

1. **March 24-25, 2007:** Saratoga Springs Invitational, Saratoga Springs, NY. Applications now available on their website: www.saratogaspringsfsc.org

NEXT BOARD MEETING

Wednesday February 28, 2007 6:30-8:30 @ the Bethlehem Public Library.

INTERESTED IN MEMBERSHIP TO ALBANY FIGURE SKATING CLUB?

Membership as of January 29, 2007:

- AFSC Membership 94!
Welcome New Member!
Polina Sheglova
- Basic Skills Membership 109!
Introducing our Winter 2007 Basic Skills Skaters!

Welcome Members! Veronica Ward, Monica Ward, Amy Schallop, Claudia Mancenido, Bailey Hildebrandt, Lynn Bancroft, Marci Beadle, Gwendolyn Brown, Daniel Connell, Daniel Connolly, Michael Connolly, Bridget Connolly, Jimmy Connolly, Rosie Connolly, Joe Connolly, Stephen Fajen, William Fichter, Alice Green, Carla Henderson, Lauren Henderson, Julia Henderson, Sophia Hsieh, Priyanka Kumar, Sanjaya Kumar, Wade Lacey, Patrick Lacey, Daniel Lacey, Ashley Murtagh, Michael Murtagh, Erin Newell, Nathan Bancroft, Odmaa Bayaraa, Juliana Coates, Isabelle Cox, Julie Czerwinski, Helene DiStefano, Kenny Eggleston, Shelby Fichter, Caitlyn Garrigan, Olivia Green, Alison Hayes, Haemin Hwang, Haewon Hwang, Haejin Hwang, Elizabeth Kalin, Rachele Kalin, Isha Kumar, Saurabh Kumar, Sagar Kumar, Shalini Kumar, Andrew Nakushian, Kira Nakushian, Erin Newell, Julia Newkirk, Milisen Puente, Barbara O'Donnell, Kacie Oliver, Camille Reppert, James Reppert, Mya Rogers, Gabriel Silverstein, Elena Smalline, Ellory Smith, Maggierose Smith, Mia Tessitone, Kayla Thomas, Leah Tubbs, Ryan Tubbs, Joanna Van Royen, Tattiahna Welsh, Maggie Wennberg, Shannon Windle, Dileep Yavagal, Rohit Yavagal, Breanna Vierschilling, Bethany Vierschilling, Hannah Ragule, Christopher Gallagher, and last but not least our WMHT winner Emilie Snyder!

Contact Membership Chair Janet Sotola @ jsotola@nycap.rr.com for information & registration form or go to our website: www.albanyfsc.org.

