



Albany
Figure Skating Club

INK FROM THE RINK

JUNE/JULY 2010

CONGRATULATIONS!

Collar City Open, June 12:

Devon Olsen:

- Artistic No Test: 1st Place
- Pre-Preliminary Test Track Free Skate: 2nd Place

Emma Briceland:

- Artistic Pre-Juvenile to Intermediate: 1st Place

Elleanna Sakoulas:

- Artistic Pre-Preliminary: 1st Place
- Jump Challenge Preliminary: 4th Place
- Pre-Preliminary Well Balanced Free Skate: 2nd Place
- Spin Challenge Pre-Preliminary: 2nd Place

Elory Smith:

- Artistic Pre-Preliminary: 2nd Place

Megan Clawar:

- Artistic Pre-Preliminary: 3rd Place
- Pre-Preliminary Test Track Free Skate: 3rd Place

Christie Reich:

- Artistic Pre-Preliminary: 4th Place
- Pre-Preliminary Test Track Free Skate: 2nd Place

Lily Digman:

- Artistic Preliminary: 1st Place
- Preliminary Well Balanced Free Skate: 5th Place

Abigail Smentkowski:

- Artistic Preliminary: 2nd Place
- Preliminary Well Balanced Free Skate: 4th Place

Natalie Posner:

- Beginner Test Track Free Skate: 2nd Place
- Jump Challenge No Test: 1st Place

Amanda Zeng:

- Beginner Test Track Free Skate: 2nd Place
- ICM No Test: 1st Place
- Jump Challenge No Test: 4th Place

Rachel Posner:

- Beginner Test Track Free Skate: 3rd Place

Amanda Smentkowski:

- Beginner Test Track Free Skate: 4th Place

Uncle Sam FSC Test Session, June 13:

Shea Coleman Foley:

- Junior Moves in the Field!

Judy Bovitz:

- Novice Moves in the Field!

SSFSC Test Session, July 23:

Lukas Sotola:



- SENIOR MOVES IN THE FIELD!!!
- Paso Doble

Katie Howard:



- SENIOR MOVES IN THE FIELD!!!

Isabelle Lombardi:

- Tango

Aislyn DiRisio:

- Quickstep

Grace DiRisio:

- Juvenile Moves in the Field

Megan Clawar:

- Juvenile Moves in the Field



SYNCHRO NEWS

Achilles Edge Open House: On Sunday, July 25, the Achilles Edge Synchronized Skating Team held an open house in order to give area figure skaters the opportunity to experience synchro elements and drills alongside experienced team members. In spite of a last minute change of venue, since the Glenville ice was unexpectedly down, skaters had fun working with our synchro coaches and skaters at the Clifton Park Ice Arena. Achilles Edge expects to field two competitive teams in the fall, an Open Juvenile team and an Intermediate team, along with a new exhibition Beginner team. There are still openings on all teams for interested skaters.





Synchro Summer Camps: A number of our Achilles Edge skaters participated in the prestigious Hayden Synchro summer program this year. Aislyn DiRisio skated at the Haydenettes Elite Synchro Camp in Marlboro, Massachusetts May 28-30. This camp was limited to skaters who had passed their Senior Moves in the Field, and was designed to test, challenge and improve the elite level skater. Aislyn got to skate along with the Haydenettes in this exciting and strenuous weekend program.

Catherine Amodeo, Danielle Sgroi, Jessica Marinstein and Rachel Gray attended the Hayden Synchro Summer Experience in Ashburnham, Massachusetts for the first time on July 18th – 22nd. Working with internationally-known Haydenettes coaches and skaters, the program focused on skills, drills, off-ice, dance, nutrition, and teamwork. The skaters had a great time and are looking forward to sharing their new skills with their teammates in the fall.

Coaches Wayne Hussey and Stephanie Hunter attended the USFS Synchronized Skating Training Festival National Coaches College, held July 29 – August 1 at the University of Delaware in Newark, Delaware. Both coaches came home with exciting new ideas and plans for the team's upcoming season.

Also attending the USFS Synchronized Skating Training Festival were team members Alyssa Hopsicker, Taylor Kennedy, Aislyn DiRisio, and Emma Briceland, as well as team managers Dawn Hopsicker and Tara DiRisio. Our skaters had the opportunity to work with

nationally-ranked coaches, trainers, and choreographers and to skate with athletes from all over the country.

Synchro Skater Accomplishments:

We all know that our skaters are an active and talented bunch, and we wanted to take this opportunity to highlight some of the non-skating accomplishments of our synchro skaters:

- Stephanie Lombardi was appointed to the Empire State Youth Orchestra String Ensemble for the 2010-11 year as a violinist.
- Emma Briceland participated in the 4H horse show at the Saratoga County Fair on July 21-22 and won Grand Champion for Gymkhana. She was also in the Saratoga County Fair Pageant and won 2nd runner up for the Honor Queen division, participated in the talent show at the Fair, and had four of her entries selected to be in the New York State Fair in August.

Interested in Trying Synchro?:

The Albany Figure Skating Club sponsors the largest and most experienced competitive synchronized skating program in the Capital District. In 2009-2010, the Achilles Edge Pre-Juvenile Team placed 5th in the finals of the U.S. Figure Skating Eastern Synchronized Skating Sectional Championships in January, and our Intermediate team members are three-time consecutive New York State Empire State Winter Games Medalists and the current 2010 Silver Medalists.

Synchro is great training for individual skaters, since it helps improve coordination, stamina, edges, footwork, and speed. In addition, it allows skaters to participate in a team sport and to attend synchro parties, group fundraisers, and separate synchro-only competitions.

For more information about the Albany FSC Achilles Edge Synchronized Skating Team, please contact Dawn Hopsicker at jhopsicker@nycap.rr.com or Tara DiRisio at Tdirisio@verizon.net.



BASIC SKILLS/LEARN TO SKATE: FALL 2010 & WINTER 2011

Starting September 26 Albany FSC will again be offering group skating lessons on Sundays 12:30-2:30 at the Albany Academy Field House. Group lessons offered this fall include:

- Basic Skills (for school aged skaters)
- Hockey Skating
- Snowplow Sam (for preschool skaters)
- Adult curriculum
- The Finer Edge (beginner figure skating lessons)
- **NEW THIS FALL: Synchro Badge Program** (for our Finer Edge Skaters)

Program information and registration forms will be on our website mid to late August: www.albanyfsc.org.

Questions?

Contact Janet: 861-6705 or 301-3947 or jsotola@nycap.rr.com

AFSC FALL FREESTYLE ICE STARTS SEPTEMBER 16 AT THE YMCA IN BETHLEHEM

- Thursdays
- Fridays

Registration forms will be available soon.

AIM PERFORMANCE SCHOOL AT UNION COLLEGE AUGUST 30, 31 & SEPTEMBER 1

Paula Wagener is offering a 1, 2 or 3 day clinic in the Albany Area. Skaters will be divided into high & low groups. Each day has a different emphasis:

- Monday: Focus on synchronized skating, spins, IJS, 6.0, group number choreography

- **Tuesday:** Focus on skating skills, spins, footwork, choreography group number choreography
- **Wednesday:** Focus on Choreography, style, presentation, IJS, 6.0, group number choreography

More information is available at : www.artistyrimotionperformanceschoolsunioncollege.com

Cost per 3 days: \$250.00

Cost per day: \$90.00

To request a registration form contact Paula @ pwagener58@msn.com or call 518-928-6320.



**AFSC MEMBERS:
IMPORTANT DATES TO
REMEMBER:**

1. **September 16:** Fall ice begins at the Bethlehem Area YMCA
2. **November 6:** Albany FSC 4th Annual Competition @ the Clifton Park Arena!
3. **November 7:** Albany FSC Test Session @ the Clifton Park Arena



Happy Birthday!

- Alexis Mouzakes June 4
- Stephanie Hunter June 6
- Maddie Olberg June 14
- Emma Paradise June 17
- Stephanie Lombardi June 18
- Anne Kennedy June 23
- Bill Miller July 3
- Claire Triller July 3
- Morgan Gillies July 16
- Emily Mueller July 22
- Amanda Gemmiti July 25
- Jessica Bloustein July 26

**UPCOMING USFS TEST
SESSIONS:**

1. **August 27, 2010:** At the Weibel rink, Saratoga Springs, NY. <http://saratogaspringsfsc.com/index.html>
2. **August 29, 2010:** Lake Placid Test Session, test forms available at: <http://www.lakeplacidskating.com/newsite/applications/index.php>
3. **November 7, 2010:** Albany FSC Test Session, www.albanyfsc.org

**UPCOMING USFS
COMPETITIONS:**

USFS COMPETITIONS:

1. **August 4-7:** 2010 Lake Placid Ice Dance Championships, find application at: http://www.lakeplacidskating.com/newsite/competitions/ice_dance/index.php.
2. **August 6-8:** 2010 Charter Oak Open, Charter Oak FSC, Simsbury, CT: www.charter oakfsc.com.
3. **August 18-22:** 2010 Cranberry Open, Yarmouth Ice Club, Inc., South Dennis, MA: www.yarmouthiceclub.org.
4. **September 10-12:** 2010 Mid Atlantic Figure Skating Championships, The SC of NY, Chelsea Piers, NY: www.thescny.org.
5. **October 1-5:** 2011 North Atlantic Regionals, SC of Lake Placid, Lake Placid, NY: www.skatingcluboflakeplacid.org.
6. **November 6:** Albany FSC 4th Annual Open & Basic Skills Competition, Clifton Park, NY: www.albanyfsc.org.

64 MEMBERS

New memberships as well as renewals are still coming in. To date 53 skaters have renewed – WELCOME BACK!

We also have 11 new members. WELCOME TO THE ALBANY FIGURE SKATING CLUB!

- Mary Amodeo
- Cathy Cenci
- Callie Drozd
- Tina Drozd
- Megan Geurds
- Bailey Hogan
- Kyla McGearry
- John O'Sullivan
- Vincent Smentkowski
- Katie Wyle
- Carol Jean Wyle

Questions? Contact Membership Chair Paulette Morgan @ pmorgan3@nycap.rr.com

