

# Albany Figure Skating Club

# INK FROM THE RINK

FEBRUARY 2009

## CONGRATULATIONS!

### Saratoga Springs FSC Test Session, January 25

Claire Triller:

- Preliminary MIF



### 29<sup>th</sup> Empire State Winter Games, February 20-22, Lake Placid, NY



Achilles Edge Synchro Team:

- Intermediate: 1<sup>st</sup> Place



Olivia Serafini:

- Intermediate Ladies Qualifying Round: 2<sup>nd</sup> Place
- Intermediate Ladies Final Round: 2<sup>nd</sup> Place

Christina Lombardi:

- Novice Ladies Qualifying Round: 8<sup>th</sup> Place

Gina DiNapoli:

- Intermediate Ladies Qualifying Round: 2<sup>nd</sup> Place
- Intermediate Ladies Final Round: 11<sup>th</sup> Place

Helen Serafini:

- Intermediate Ladies Qualifying Round: 1<sup>st</sup> Place
- Intermediate Ladies Final Round: 7<sup>th</sup> Place



## SYNCHRO NEWS

The Intermediate team competed for the first time in the 2009 Eastern Synchronized Skating Sectional Championships in Morristown, New Jersey on January 30<sup>th</sup>. There was some stiff competition in the Intermediate flight, and although the team tried their best, they had a tough skate and finished 14<sup>th</sup>. Despite their placement, the team members had a good time and are looking forward to going back to Easterns next year.

The Pre-Juvenile and Intermediate teams competed in the Connecticut Synchronized Skating Classic in Middletown, Connecticut on February 15<sup>th</sup>. The Pre-Juvenile team finished 2<sup>nd</sup> against a tough flight, and the Intermediate team achieved its highest score to date, placing 1<sup>st</sup>. Way to go, girls!

A week later, the Intermediate team was in Lake Placid for the Empire State Winter Games on February 21<sup>st</sup> and 22<sup>nd</sup>. Team members had a great time participating in the Olympic-style opening ceremonies and watching friends and team members skate in the individual figure skating part of the competition. The team was thrilled to take the gold medal in the Intermediate team competition. Congratulations to all team members and to coaches Liz Spiller and Karla Schallehn.

All three teams – the Pre-Juvenile, Open Juvenile, and Intermediate – will perform at the Albany FSC Spring Ice Show at the Bethlehem Area YMCA on March 8, 2009. The Pre-Juvenile and Open Juvenile teams will also compete in the 2009 Skate Challenge competition in Cicero, NY on March 15<sup>th</sup>. Make sure to wish these hard-working skaters good luck!

The 2009 U.S. Synchronized Skating Championships will take place in Portland, Maine on March 3 – 7, 2009. Icenetwork.com will broadcast the event live, starting on Thursday, March 5<sup>th</sup>, so be sure to tune in to see some of the best synchro teams in the

country, including the Haydenettes, Miami University, and the Chicago Jazz. Go to <http://web.icenetwork.com/events/detail.jsp?id=50228> for more information.

For more information about our synchro program, contact team manager Dawn Hopsicker at [jhopsick@nycap.rr.com](mailto:jhopsick@nycap.rr.com).



## BASIC SKILLS 2008-2009

Our Basic Skills skaters will once again be participating in our Spring Ice Show. Seven groups in all with do programs choreographed by their coaches to music including:

- ABC 123
- Lollipop Lollipop
- Walking on the Sun
- Pocket Full of Sunshine
- Here Comes the Sun
- Good Morning Baltimore
- Sugar Sugar

## COME & CHEER THEM ON!

For information about our Basic Skills/Learn to Skate program visit our website [www.albanyfsc.org](http://www.albanyfsc.org) or contact Janet Sotola [jsotola@nycap.rr.com](mailto:jsotola@nycap.rr.com) or 518-861-6705.



**Happy Birthday!**  
FEBRUARY 2009

- Amy Barba: February 16
- Shelby Lynn Fichter: February 19
- Samara Finkle: February 19
- Erin O'Sullivan: February 24
- Rachel Roberts: February 4
- Aria Shi: February 23
- Lukas Sotola: February 8

**FYI: COACH REGISTRATION**

U.S. Figure Skating is a membership-based organization with more than 70 percent of its members 17 years of age or younger. In keeping with the standards of many youth sports organizations, schools and recreational programs in America today, U.S. Figure Skating has implemented a background screening process to help ensure that we are providing a safe environment and protecting the welfare of all participants in U.S. Figure Skating sanctioned activities. Parents must also have the highest degree of confidence that their children are not only receiving good care and proper instruction but are safe from improper conduct. The Albany FSC will enforce the screening process starting July 1, 2009.

The registration process started last July, and many of our coaches have already registered or passed the screening process. If you would like to find out if your coach is registered you can download a list of all the coaches who have passed the screening process as of February 25 @ <http://www.usfigureskating.org/Shell.asp?sid=41529>.

**ITEMS OF INTEREST:**

1. **SAVE THE "EMPIRE STATE GAMES" PETITION:** If you are interested in signing a petition on-line to possibly save the Empire State Games visit <http://www.petitiononline.com/SavESG09/petition.html>.
2. **STARS ON ICE TICKETS AVAILABLE:** Once again 110 tickets are available for Stars on ice on Ice show on Sunday, March 29, 2009 at 3:00 p.m. The seats are the same sections as last year (section 126, rows J-R). If we sell 100 tickets we can attend the warm up session with the skaters. The cost of a ticket is \$17. If you would like tickets, please let Debbie Sgroi ([dntsgroi@aol.com](mailto:dntsgroi@aol.com)) know how many & write your check to AFSC. Mail to:

Debbie Sgroi  
76 Fields End Drive  
Glenmont, NY 12077

3. **SKATE AMERICA 2009:** The international figure skating event is one of six stops on the ISU Grand Prix of Figure Skating Series. This years competition will take place Nov. 12-15, at the 1980 rink in Lake Placid, NY. Ticket information is available @ <http://www.skateamerica2009.com/>.



**SKATING ON TV:**

1. **March 25, 4:30-6:30, Oxygen:** 2009 ISU World Figure Skating Championships
2. **March 26, 6:30-8:30, Oxygen:** 2009 ISU World Figure Skating Championships
3. **March 26, 12:00 AM – 2:00 AM, Oxygen:** 2009 ISU World Figure Skating Championships
4. **March 27, 11:00 PM - 2:00 AM, Oxygen:** 2009 ISU World Figure Skating Championships
5. **March 27, 4:30-6:30, Oxygen:** 2009 ISU World Figure Skating Championships
6. **March 28, 6:30-8:30, Oxygen:** 2009 ISU World Figure Skating Championships
7. **March 28, 12:00 AM – 2:00 AM, Oxygen:** 2009 ISU World Figure Skating Championships
8. **March 28, 9:00-11:00, NBC:** 2009 ISU World Figure Skating Championships



**IMPORTANT DATES TO REMEMBER:**

1. **March 8, 5-7:30:** AFSC Spring Ice Show @ YMCA
2. **March 29:** Stars on Ice.

**UPCOMING COMPETITIONS FOR THE SEASON:**

**USFS COMPETITIONS:**

1. **March 14 & 15:** 2009 Skate Challenge, at the Cicero Twin Rinks in Cicero, New York. Visit [www.sccny.org](http://www.sccny.org) for more information.
2. **March 21:** Garren Invitational, Troy, NY. Visit [www.hmfsc.org](http://www.hmfsc.org) for more information.
3. **March 29:** 6<sup>th</sup> Annual Spring Fling Basic Skills Competition @ Ham Ice Arena, Conway, NH. For information contact [ellymae123@aol.com](mailto:ellymae123@aol.com).
4. **April 17-19:** 2009 Darien Open, Darien, CT. For more information visit their website @ <http://www.skatescsc.com/>.
5. **April 26:** Colonial FSC Basic Skills Spring Skate, Boxborough, MA. Visit [www.colonilafsc.com](http://www.colonilafsc.com) for more information.
6. **May 16 & 17:** The Colonial Open, Boxborough, MA. Visit [www.colonilafsc.com](http://www.colonilafsc.com) for more information.

**ISI COMPETITIONS:**

1. **April 4 & 5:** 12<sup>th</sup> Annual Saratoga Springs Invitational. For registration forms and information visit <http://saratogaspringsfsc.com/19.html>. Entry deadline March 1, 2009.

**UPCOMING USFS TEST SESSIONS:**

1. **Sunday March 1:** Sponsored by Albany FSC @ the YMCA Delmar, NY.
2. **Tuesday March 3:** In Woodstock, VT, visit their website: [www.unionarenasc.org](http://www.unionarenasc.org) for more information.
3. **Sunday March 22:** Sponsored by Hudson Mohawk FSC, applications available @ [www.hmfsc.org](http://www.hmfsc.org).
4. **Sunday March 29:** Sponsored by Saratoga Springs FSC @ Weibel rink Saratoga Springs, NY.

**MEMBERSHIP UPDATE:**

122 MEMBERS!

*Welcome new members!*

- Eliana Moyer
- Amanda Zeng
- Katie West

Questions? Contact Membership Chair Janet Sotola @ [jsotola@nycap.rr.com](mailto:jsotola@nycap.rr.com)

